

## 5k

## Male 13 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hunter Hayes	Wasilla	11	912	14	21:03.6	6:47/M
2 *	Chase Lietz	Perham	13	889	17	21:39.8	6:59/M
3 *	Cody Dolezal	Deer Creek	11	891	19	21:42.4	7:00/M
4	Drew Birkeland	Dent	11	944	53	26:31.6	8:33/M
5	Gunnar Anderson	Perham	11	882	54	26:31.8	8:33/M
6	Gavin Fenstad	Saint Cloud	8	784	70	27:53.2	9:00/M
7	Ethan Rohde	Fergus Falls	11	752	72	28:08.6	9:05/M
8	Landon Hayes	Wasilla	9	911	73	28:15.4	9:07/M
9	Anderson Anderson	Perham	8	883	82	28:42.3	9:15/M
10	Brandon Wiirre	Bluffton	13	932	88	29:01.8	9:22/M
11	Jack Birkeland	Dent	8	870	93	29:28.5	9:30/M
12	Ben Hume	Henning	13	899	111	31:47.1	10:15/M
13	Colton Ditterich	Vergas	12	755	115	32:02.7	10:20/M
14	Cameron Bitz	Edgeley	13	729	116	32:08.1	10:22/M
15	Isaac Scheidecker	Frazee	12	848	117	32:25.3	10:27/M
16	Chandler Gray	Dilworth	9	839	130	35:05.7	11:19/M
17	Ed Huizar	Fergus Falls	10	780	142	37:36.1	12:08/M
18	Dallas Frueh	Argusville	10	768	147	38:07.6	12:18/M
19	Jacob Olson	Perham	7	894	148	38:09.5	12:18/M
20	Myles Frueh	Argusville	7	769	166	48:17.9	15:35/M

## Male 14 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Conner Danielson	Fergus Falls	16	888	1	17:01.3	5:29/M
2 *	Jayden Cullen	Richville	17	844	2	17:39.4	5:42/M
3 *	Benjamin Sullivan	Perham	17	809	3	17:57.5	5:47/M
4	Chris Knutson	Perham	17	859	4	18:39.3	6:01/M
5	Anders Clow	Fargo	17	919	5	19:41.1	6:21/M
6	Jacob Dickerson	Richville	14	849	8	20:07.4	6:29/M
7	Hunter Kjelshus	New York Mills	14	794	13	21:03.5	6:47/M
8	Adam Siira	Battle Lake	14	811	18	21:40.8	6:59/M
9	Nick Listrom	Perham	14	779	20	22:06.8	7:08/M
10	Hunter Ditterich	Vergas	14	756	29	23:41.4	7:38/M
11	Matthew Siira	Battle Lake	16	812	40	25:05.7	8:05/M

## 5k

## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Devin Witt	Henning	20	897	15	21:11.7	6:50/M
2 *	Paul Imhof	West Fargo	22	733	25	22:55.9	7:24/M
3 *	Jordan Dittmann	Perham	26	738	32	23:54.8	7:43/M
4	Joe Gordon	Saint Paul	29	884	48	25:52.1	8:21/M
5	Ken Stensvaag	Fergus Falls	28	819	66	27:19.1	8:49/M
6	Zach Turigg	Detroit Lakes	24	921	176	55:11.5	17:48/M

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Andy Riewer	Frazee	33	951	6	19:51.7	6:24/M
2 *	Luke Riewer	Detroit Lakes	31	902	9	20:10.8	6:30/M
3 *	Jerrold Busker	Detroit Lakes	34	901	22	22:11.4	7:09/M
4	Ryan Gerberding	Fargo	32	807	23	22:26.1	7:14/M
5	Dan Rolle	Henderson	30	824	26	23:05.3	7:27/M
6	Scott Dolezal	Deer Creek	39	892	31	23:47.0	7:40/M
7	Mike Nordby	Frazee	36	923	36	24:33.0	7:55/M
8	Michael Miller	Greenwood	31	873	37	24:38.0	7:57/M
9	Ben Riewer	Frazee	37	907	38	24:40.3	7:57/M
10	Robert Wagenman	Virginia Beach	38	938	43	25:22.4	8:11/M
11	Cluruiepler Myers	Minneapolis	38	925	71	27:54.1	9:00/M
12	Justin Miller	Pelican Rapids	37	943	103	30:36.3	9:52/M
13	Steve Wrangham	Minneapolis	32	751	105	31:17.2	10:05/M
14	Ryan Hill	Detroit Lakes	37	804	114	32:01.2	10:20/M
15	Jeremy Eversvik	Crookston	37	950	134	35:56.3	11:35/M
16	Steven Lengyel	Minneapolis	31	704	136	36:04.4	11:38/M

## Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chad Sletmoen	Detroit Lakes	40	879	52	26:09.8	8:26/M
2 *	Ryan Naatjes	Stillwater	41	800	79	28:38.6	9:14/M
3 *	Tim Birkeland	Dent	45	867	94	29:30.6	9:31/M
4	Eric Larson	Long Lake	46	753	97	29:45.0	9:36/M
5	Anthony Fenstad	Saint Cloud	43	786	102	30:31.2	9:51/M
6	Paul Fresonke	Cleveland	49	920	175	55:10.8	17:48/M

## 5k

## Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Peterson	Fargo	50	946	7	20:01.8	6:27/M
2 *	David Miller	Wahpeton	51	760	16	21:28.3	6:55/M
3 *	Vaun Bruhn	Frazee	54	913	21	22:07.7	7:08/M
4	Duane Nelson	Wolverton	51	887	24	22:43.0	7:20/M
5	Dan Bellefeuille	Waubun	56	872	35	24:13.0	7:49/M
6	Rick Olstad	Fargo	50	896	42	25:13.1	8:08/M
7	Micheal Stahn	Morris	51	825	44	25:38.1	8:16/M
8	Craig Rothfusz	Fargo	54	788	65	27:18.5	8:48/M
9	Fred Daggett	Frazee	50	954	83	28:48.9	9:17/M
10	John Lengyel	Anoka	59	702	91	29:18.9	9:27/M
11	Tom Des Saint	Osseo	53	937	110	31:33.4	10:11/M
12	Jackie Gray	Dilworth	50	838	120	33:09.1	10:42/M
13	Rick Houseman	Estherville	59	746	125	34:08.3	11:01/M

## Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Lyons	Grafton	64	869	45	25:44.9	8:18/M
2 *	Saul Stensvaag	Fergus Falls	63	818	76	28:30.3	9:12/M
3 *	Carroll Rohrich	Battle Lake	62	762	100	30:11.8	9:44/M
4	James Johnson	Perham	64	934	122	33:24.1	10:46/M
5	Neil Wrangham	Perham	61	701	164	46:36.7	15:02/M

## Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	David Ohlde	Dent	72	805	49	25:53.4	8:21/M
2 *	Chuck Wally	Vining	75	765	75	28:27.5	9:11/M
3 *	Ray Hardman	Park Rapids	83	906	123	33:31.5	10:49/M
4	Bill Bauck	Perham	82	810	156	41:08.0	13:16/M

## 5k

## Female 13 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Erika Fenstad	Saint Cloud	11	782	28	23:24.4	7:33/M
2 *	Maddie Guler	Pelican Rapids	11	803	84	28:49.0	9:18/M
3 *	Elle Birkeland	Dent	12	871	85	28:49.0	9:18/M
4	Liz Birkeland	Dent	8	945	113	31:54.5	10:17/M
5	Alysa Ralston	Ottertail	11	930	129	34:47.9	11:13/M
6	Laura Haldis	Fargo		953	145	37:56.4	12:14/M

## Female 14 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Katie Bye	Fargo	15	801	12	20:53.8	6:44/M
2	Abby Rothfusz	Fargo	19	789	33	23:56.9	7:43/M
3	Erica Johnson	Fargo	15	757	50	25:57.0	8:22/M
4	Maria Slette	Fargo	16	831	60	27:12.7	8:46/M
5	Mckenna Vetter	Fargo	15	747	61	27:12.7	8:46/M
6	Daryan Naatjes	Stillwater	15	799	78	28:37.0	9:14/M
7	Shayla Gasser	Bismarck	15	736	80	28:38.7	9:14/M
8	Maria Lorenson	Perham	16	843	89	29:15.1	9:26/M
9	Alyssa Fenstad	Saint Cloud	14	785	92	29:27.2	9:30/M
10	Caitlin Bitz	Edgeley	19	730	107	31:24.0	10:08/M
11	Marla Fix	Big Lake	19	721	137	36:10.5	11:40/M
12	Kylie Lupkes	Wadena	16	835	150	38:36.9	12:27/M

## Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Taryn Brenna	Fargo	27	948	11	20:31.8	6:37/M
2 *	Leslie Wood	Moorhead	23	734	51	26:09.2	8:26/M
3 *	Andrea Tumberg	New York Mills	25	739	55	26:51.3	8:40/M
4	Daniele Denny	Wadena	23	877	63	27:15.6	8:47/M
5	Nicole Mursu	New York Mills	24	770	68	27:38.4	8:55/M
6	Brittany Johnson	Perham	28	898	90	29:17.3	9:27/M
7	Melissa Mohn	Rochester	27	781	106	31:19.3	10:06/M
8	Jen Rooney	Minneapolis	28	793	118	32:45.1	10:34/M
9	Katie Loff	Fargo	28	761	124	33:44.5	10:53/M
10	Sara Fix	Big Lake	29	720	138	36:14.8	11:41/M
11	Lacey Hoffmann	Moorhead	28	712	139	36:17.1	11:42/M
12	Courtney Bitz	Edgeley	20	727	161	43:42.0	14:06/M
13	Jamie Miller	Fargo	27	725	168	48:19.5	15:35/M
14	Ashley Magnuson	Dent	26	840	169	49:46.6	16:03/M
15	Paula Schwarzrock	Detroit Lakes	26	842	170	49:46.7	16:03/M
16	Melissa Gartner	Fargo	26	719	173	51:47.3	16:42/M

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## Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
17	Patty Fresonke	West Fargo	24	922	177	55:13.2	17:49/M
18	Meghan Lange	West St Paul	24	710	179	57:33.2	18:34/M

## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amy Fredrickson	Fargo	33	806	10	20:20.0	6:34/M
2 *	Amanda Guler	Pelican Rapids	35	802	27	23:15.9	7:30/M
3 *	Laura Nyhus	Perham	33	915	34	24:13.0	7:49/M
4	Lacey Thiel	Perham	36	916	39	24:57.3	8:03/M
5	Amy Nordby	Frazee	35	924	46	25:46.6	8:19/M
6	Beth Schmiegl	Minneapolis	32	862	47	25:51.0	8:20/M
7	Sara Fox	New York Mills	37	875	56	26:53.8	8:40/M
8	Kari Grefsrud	Pelican Rapids	35	903	57	26:55.4	8:41/M
9	Nicole Meche	Beaumont	34	876	58	26:57.4	8:42/M
10	Heather Sletmoen	Detroit Lakes	39	880	64	27:18.0	8:48/M
11	Kristine Myers	Minneapolis	37	926	67	27:34.1	8:54/M
12	Elizabeth Stromberg	Baxter	30	764	81	28:41.1	9:15/M
13	Shelly Toso	Osseo	35	772	87	29:00.5	9:21/M
14	Monica Merickel	Wadena	30	904	99	30:10.5	9:44/M
15	Amanda Wrangham	Minneapolis	32	750	104	31:16.9	10:05/M
16	Pamela Krump	Colfax	30	737	109	31:29.4	10:09/M
17	Liza Klettke	Perham	33	909	119	33:02.6	10:39/M
18	Heidi Swenson	Perham	33	828	127	34:35.2	11:09/M
19	Anna Pickler	Ottertail	30	929	128	34:41.6	11:11/M
20	Tracie Demianiuk	West Fargo	35	792	131	35:21.8	11:24/M
21	Faith Wokasch	Perham	36	829	132	35:23.6	11:25/M
22	Heidi Happel	Frazee	34	850	133	35:24.9	11:25/M
23	Leanna Lauer	Crookston	30	949	135	35:56.9	11:35/M
24	Joy Lengyel	Hopkins	34	705	143	37:36.8	12:08/M
25	Heidi Olson	Perham	34	895	149	38:10.2	12:19/M
26	Lauren May	Minneapolis	32	787	151	38:54.7	12:33/M
27	Carrie Baker	Fargo	32	718	152	39:18.8	12:41/M
28	Anna Doll	Fargo	30	758	154	40:42.7	13:08/M
29	Marina Brackel	Bismarck	34	735	160	43:41.5	14:05/M
30	Angela Erickson	Detroit Lakes	31	808	162	44:52.2	14:28/M
31	Lyndsey Olson	Harwood	33	723	165	46:38.0	15:03/M
32	Mavis Frueh	Argusville	39	767	167	48:18.1	15:35/M

## 5k

## Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Christa Hayes	Wasilla	43	910	30	23:43.6	7:39/M
2 *	Michelle Haukos	Stillwater	44	798	41	25:12.2	8:08/M
3 *	Lisa Grahathdech	New York Mills	44	939	59	27:10.0	8:46/M
4	Lisa Moon	Fergus Falls	49	744	62	27:15.0	8:47/M
5	Gwen Horter		41	947	74	28:24.0	9:10/M
6	Michelle Danielson	Fergus Falls	43	885	77	28:36.6	9:14/M
7	Pamela Larson	Long Lake	44	754	95	29:40.4	9:34/M
8	Beth Fenstad	Saint Cloud	43	783	96	29:41.9	9:35/M
9	Kristi Frank	Alexandria	43	706	101	30:26.8	9:49/M
10	Tammy Lupkes	Wadena	44	834	108	31:24.2	10:08/M
11	Penny Birkeland	Dent	42	868	112	31:53.3	10:17/M
12	Patti Braathen	Osseo	46	936	141	37:02.0	11:57/M
13	Tami Norgard	Fargo	42	952	146	38:02.5	12:16/M
14	Francine Kyaw	Tacoma	43	845	172	49:48.8	16:04/M
15	Jolene Hermanson	Grafton	47	900	174	52:39.2	16:59/M
16	Jo Reese	Perham	48	711	178	57:32.9	18:34/M

## Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lori Hendrickx	Ottertail	53	726	69	27:41.2	8:56/M
2 *	Grace Leu-Burke	Salina	52	722	86	28:55.4	9:20/M
3 *	Natalie Nelson	Wolverton	50	886	98	29:45.5	9:36/M
4	Karen Dennis	Boca Raton	52	827	121	33:23.9	10:46/M
5	Connie Cleveland	Fargo	51	941	126	34:31.1	11:08/M
6	Kathleen M Mohn	Hopkins	53	771	153	39:37.0	12:47/M
7	Monica McCartney	Casselton	51	713	155	40:56.2	13:12/M
8	Brenda Stallman	Hillsboro	51	796	159	43:24.9	14:00/M
9	Mary Rothfusz	Fargo	52	791	163	45:38.5	14:43/M

## Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bonni Johnson	Perham	63	935	140	36:20.2	11:43/M
2 *	Shirley Dietrich	Verona	67	728	144	37:42.4	12:10/M
3 *	Judy Lengyel	Anoka	62	703	157	41:53.6	13:31/M
4	Jill Miller	Fargo	61	724	158	43:19.7	13:58/M
5	Patsy Bartley	Wayzata	60	743	171	49:48.5	16:04/M

**10k****Male 13 and under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Titus Seland	Fergus Falls	12	749	24	54:05.2	8:43/M

**Male 14 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nathan Coleman	Dent	15	817	13	50:37.9	8:10/M

**Male 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Peter Masse	Fergus Falls	23	820	1	41:08.6	6:38/M
2 *	Mitch Bauske	Fargo	22	940	2	41:21.7	6:40/M
3 *	Jake Sailer	Frazee	20	858	41	58:29.8	9:26/M

**Male 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brent Hanson	Perham	32	908	3	45:07.7	7:17/M
2 *	Logan Moore	Alexandria	39	852	18	51:48.3	8:21/M
3 *	Adam Kiefer	Saint Cloud	31	822	49	1:00:56.2	9:50/M
4	Shawn Moen	Mahnomen	36	914	53	1:06:23.9	10:42/M

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Cameron Frueh	Argusville	42	766	8	48:41.7	7:51/M
2 *	Jack Dostal	Fargo	46	881	9	49:06.2	7:55/M
3 *	Shane Olstad	Dent	41	815	11	49:51.3	8:02/M
4	Robert Bauck	Minneapolis	42	841	15	50:42.2	8:11/M
5	Stanley Ewanika	Victoria	45	874	16	51:18.0	8:16/M
6	Ray Bauske	Fargo	48	942	22	52:24.0	8:27/M
7	Dan Eilertson	Barnesville	43	847	25	54:35.4	8:48/M
8	Cory Solberg	Perham	45	931	27	54:47.9	8:50/M
9	Tim Terasaous	Detroit Lakes	45	905	36	57:37.0	9:18/M

**10k**

**Male 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Doug Bakkene	Worthington	59	773	4	45:34.6	7:21/M
2 *	Todd Bergland	Osseo	50	890	5	45:50.5	7:24/M
3 *	Dan Buchin	Perham	55	878	14	50:41.3	8:10/M
4	Dalas Whipps	Richville	53	777	62	1:20:53.9	13:03/M

**Male 60 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Timothy Peil	Vergas	60	731	7	48:41.1	7:51/M

**Male 70 and over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jim Lee	Dent	72	813	31	56:57.0	9:11/M



**10k****Female 14 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brynnan Covington	Perham	14	893	6	46:06.2	7:26/M
2	Sierra Steckler	Breckenridge	19	832	26	54:45.1	8:50/M
3	Reilly Seland	Fergus Falls	18	748	37	57:39.2	9:18/M
4	Ciarrin Covington	Perham	18	856	42	58:30.5	9:26/M

**Female 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alissa Lepp	Perham	27	775	19	51:48.8	8:21/M
2 *	Kathryne Breid	Battle Lake	25	795	32	56:59.3	9:11/M
3 *	Kelsey Wichman	Fargo	29	814	35	57:25.3	9:16/M
4	Keshia Solem	Alexandria	26	745	38	57:40.5	9:18/M
5	Tara Moenedick	Perham	23	855	43	58:30.7	9:26/M
6	Teresa Dircks	Saint Cloud	29	823	48	1:00:55.5	9:50/M
7	Christy Gass	Little Falls	22	717	51	1:02:51.0	10:08/M
8	Megan Hemmelgarn	Perham	28	928	56	1:09:14.5	11:10/M
9	Megan Boehmer	Saint Paul	23	708	57	1:09:32.4	11:13/M
10	Britta Wagenman	Peham	26	927	59	1:11:46.1	11:35/M

**Female 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sarah Moore	Alexandria	37	851	17	51:33.6	8:19/M
2 *	Kate Christensen	Minneapolis	32	853	20	51:54.1	8:22/M
3 *	Kirsten Birst	Detroit Lakes	32	759	21	52:10.4	8:25/M
4	Nicole Meeks	New York Mills	30	821	28	54:52.3	8:51/M
5	Kjersten Hunt	New York Mills	34	861	29	55:20.7	8:55/M
6	Sara Hanson	Perham	33	860	30	56:32.9	9:07/M
7	Kelly Shea	Minneapolis	35	854	39	57:47.7	9:19/M
8	Steph Winjum	Perham	33	933	50	1:00:56.6	9:50/M
9	Maureen Mcllvain	Saginaw	38	830	52	1:03:57.9	10:19/M
10	Christina Aigner	Wolverton	38	700	55	1:06:56.4	10:48/M
11	Sally Johnson		34	917	60	1:12:58.3	11:46/M
12	Sara Evert	Sabin	34	918	61	1:14:28.3	12:01/M
13	Cristabelle Budak	Newton	36	778	64	1:20:55.4	13:03/M

**10k****Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Raenna Covington	Perham	43	836	10	49:47.7	8:02/M
2 *	Kirsten Skeie	Bismarck	48	797	12	49:52.7	8:03/M
3 *	Wendy Jacobson	Frazee	48	863	33	57:01.4	9:12/M
4	Michelle Daggett	Detroit Lakes	41	776	34	57:05.2	9:12/M
5	Tracy Clow	Fargo	44	837	40	58:22.6	9:25/M
6	Kara Bren	Detroit Lakes	41	846	45	59:52.8	9:39/M
7	Tish Vanhoorik	Cedar	42	709	46	59:57.7	9:40/M
8	Michela Neuhauser	Detroit Lakes	46	864	54	1:06:39.8	10:45/M

**Female 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Vicki Singer		50	865	23	53:45.2	8:40/M
2 *	Janet Grefe	Fargo	53	816	47	1:00:36.5	9:46/M
3 *	Monica Boehmer	Inver Grove Heights	58	707	58	1:09:42.6	11:15/M

**Female 60 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joyce Rohrich	Battle Lake	64	763	44	59:14.5	9:33/M
2 *	Kathy Piel	Vergas	60	732	63	1:20:54.0	13:03/M